



Batangas State University
College of Nursing and Allied Health Sciences



Pablo Borbon Main I, Rizal Avenue, Batangas City, Batangas, Philippines

Tel No: (043) 300-2202 loc. 120, (043) 300-2273 loc. 1127 Email: batstateu.conahs@gmail.com

Bachelor of Science in Nutrition and Dietetics

Program Educational Objectives

The nutrition and dietetics education is designed to adequately equip the students with theoretical knowledge and technical skills required for career entry into the BSND profession, application of the nutrition care process in various settings, interpersonal skills and leadership in the practice of BSND profession, skills in judgment, problem solving and decision-making to analyze results, ability to conduct research and community-oriented activities, lifelong learning and effective oral and written communication skills.

Student Outcomes

1. Promote the role of nutrition and dietetics for human well-being in relation to the needs, resources and potentials of individuals, groups and families
2. Apply the concept of comprehensive nutritional care for the total wellness of individuals in a multidisciplinary and multi-cultural settings
3. Integrate nutrition concerns with local and national development efforts
4. Manage nutrition programs for individuals, groups and institutions
5. Demonstrate the ability to plan and manage a foodservice unit in hospital or other settings
6. Plan and implement an economically viable activity related to nutrition and dietetics
7. Ability to design and/or conduct a scientific study on food, nutrition and related topics
8. Conduct themselves in a manner consistent with the ethical standards of the profession
9. Engage in lifelong learning activities



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Program Curriculum – BACHELOR OF SCIENCE IN NUTRITION AND DIETETICS

FIRST YEAR					
FIRST SEMESTER					
Code	Course Title	Units	Lec	Lab	Pre-Requisite
MC 100	Human Anatomy and Physiology	3	3	0	-
MC 100L	Human Anatomy and Physiology (Lab)	2	0	6	-
MC 101	Biochemistry	3	3	0	-
MC 101L	Biochemistry(Lab)	2	0	6	-
GEd 101	Understanding the Self	3	3	0	-
GEd 105	Readings in Philippine History	3	3	0	-
Fili 101	KontekstwalisadongKomunikasyonsa Filipino	3	3	0	-
ND 101	Basic Foods I	2	2	0	-
ND 101L	Basic Foods I(Lab)	1	0	3	-
PE 101	Physical Fitness, Gymnastics and Aerobics	2	2	0	-
NSTP 111	National Service Training Program 1	3	3	0	-
TOTAL		27	22	15	

FIRST YEAR					
SECOND SEMESTER					
Code	Course Title	Units	Lec	Lab	Pre-Requisite
MC 102	Microbiology and Parasitology	3	3	0	-
MC 102L	Microbiology and Parasitology (Lab)	1	0	3	-
ACTG 101	Accounting	3	3	0	-
GEd 104	The Contemporary World	3	3	0	-
GEd 102	Mathematics in the Modern World	3	3	0	-
ND 102	Basic Foods II	2	2	0	ND 101, ND 101L
ND 102L	Basic Foods II(Lab)	1	0	3	ND 101, ND 101L
ND 103	Basic Nutrition	3	3	0	ND 101, ND 101L, MC 101, MC 101L
ND 103L	Basic Nutrition(Lab)	2	0	6	ND 101, ND 101L, MC 101, MC 101L
PE 102	Rhythmic Activities	2	2	0	PE 101
NSTP 121	National Service Training Program 2	3	3	0	NSTP 111
BAT 101	Battery Exam	0	0	0	-
TOTAL		26	25	12	

SECOND YEAR					
FIRST SEMESTER					
Code	Course Title	Units	Lec	Lab	Pre-Requisite
BST 101	Biostatistics	3	3	0	GEd 102
PSY 203	Developmental Psychology	3	3	0	-
GEd 106	Purposive Communication	3	3	0	-
GEd 108	Art Appreciation	3	3	0	-
Litr 101	Sosyedad at Literatura/Panitikang Panlipunan	3	3	0	-
ND 201	Meal Management	2	2	0	ND 101, ND 101L, ND 102, ND 102L, ND 103, ND 103L



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ND 201L	Meal Management(Lab)	1	0	3	ND 101, ND 101L, ND 102, ND 102L, ND 103, ND 103L
ND 202	Nutritional Assessment	2	2	0	ND 103, ND 103L
ND 202L	Nutritional Assessment(Lab)	1	0	3	ND 103, ND 103L
PE 103	Individual and Dual Sports	2	2	0	PE 101
TOTAL		23	18	6	

SECOND YEAR					
SECOND SEMESTER					
Code	Course Title	Units	Lec	Lab	Pre-Requisite
ND 203	Principles and Strategies of Teaching	3	3	0	-
ENG 101	Technical Writing	3	3	0	-
GE 107	Ethics	3	3	0	-
ND 204	Food Service Systems I	3	3	0	MC 102, MC 102L, ACTG 101
ND 204L	Food Service Systems I(Lab)	2	0	6	MC 102, MC 102L, ACTG 101
ND 205	Fundamentals of Food Technology	2	2	0	ND 101, ND 101L, ND 102, ND 102L, MC 102, MC 102L
ND 205L	Fundamentals of Food Technology(Lab)	1	0	3	ND 101, ND 101L, ND 102, ND 102L, MC 102, MC 102L
ND 206	Nutrition Care Process	2	2	0	ND 202, ND 202L
ND 206L	Nutrition Care Process(Lab)	1	0	3	ND 202, ND 202L
ND 207	Nutrition in the Life Stages I	2	2	0	ND 103, ND 202
ND 207L	Nutrition in the Life Stages I(Lab)	1	0	3	ND 103, ND 202
PE 104	Team Sports	2	2	0	PE 101
BAT 102	Battery Exam	0	0	0	-
TOTAL		25	23	15	

THIRD YEAR					
FIRST SEMESTER					
Code	Course Title	Units	Lec	Lab	Pre-Requisite
GE 109	Science, Technology and Society	3	3	0	-
LOG 101	Logic	3	3	0	-
Fili 102	Filipino sa Iba't Ibang Disiplina	3	3	0	-
ND 301	Food Service Systems II	3	3	0	ND 204, ND 204L
ND 301L	Food Service Systems II(Lab)	2	0	6	ND 204, ND 204L
ND 302	Food and Nutrition Research I	3	3	0	BST 101, ND 202, ND 202L
ND 303	Nutrition Therapy I	2	2	0	ND 201, ND 201L, ND 202, ND 202L
ND 303L	Nutrition Therapy I(Lab)	1	0	3	ND 201, ND 201L, ND 202, ND 202L
ND 304	Nutrition in the Life Stages II	2	2	0	ND 207, ND 207L



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ND 304L	Nutrition in the Life Stages II(Lab)	1	0	3	ND 207, ND 207L
ND 305	Public Health Nutrition	3	3	0	ND 202, ND 202L; Junior Standing
TOTAL		26	22	12	

THIRD YEAR					
SECOND SEMESTER					
Code	Course Title	Units	Lec	Lab	Pre-Requisite
ND 306	Health Economics	3	3	0	-
GEEd 103	Life and Works of Rizal	3	3	0	-
Fili103	Retorika at MasingnaPagpapahayag	3	3	0	-
Litr 102	ASEAN Literature	3	3	0	-
ND 307	Food and Nutrition Research II	3	3	0	ND 302
ND 308	Nutrition Therapy II	2	2	0	ND 303, ND 303L
ND 308L	Nutrition Therapy II(Lab)	1	0	3	ND 303, ND 303L
ND 309	Nutrition Education	2	2	0	ND 206, ND 206L, ND 304, ND 304L, ND 202, ND 202L, ND 203
ND 309L	Nutrition Education(Lab)	1	0	3	ND 206, ND 206L, ND 304, ND 304L, ND 202, ND 202L, ND 203
ND 310	Competency Appraisal for Nutrition and Dietetics	3	3	0	-
TOTAL		24	22	6	

FOURTH YEAR					
FIRST SEMESTER					
Code	Course Title	Units	Lec	Lab	Pre-Requisite
ND 401	Food Service Practicum	6	-	-	All Professional Courses
ND 402	Public Health Nutrition Practicum	6	-	-	All Professional Courses
TOTAL		12	-	-	

FOURTH YEAR					
SECOND SEMESTER					
Code	Course Title	Units	Lec	Lab	Pre-Requisite
ND 403	Hospital Dietetics Practicum	12	-	-	All Professional Courses
TOTAL		12	-	-	

TOTAL NO. OF UNITS = 175

Note: 1 unit of lecture = 1 hour of class lecture per week
1 unit of laboratory = 3 hours of laboratory per week

Legend:
L - Laboratory