



**COLLEGE OF ARTS AND SCIENCES**

**CURRICULUM**

**Bachelor of Science in Psychology (BS Psychology)**

Starting Academic Year 2018-2019

Reference CMOs: CMO No. 34,s. 2017, CMO No. 4, s. 2018, and CMO No. 20, s. 2013

**Curriculum Description**

The BS Psychology Curriculum shall consists of the following: (a) Basic Courses, (b) Required Courses, (c) Electives, (d) Natural Science Courses, (e) Thesis, and (f) NSTP. BS Psychology Program shall have an additional 20 units of natural science electives. These natural science electives may be in different unit contributions provided they total to 20 units.

**Program Objectives**

This program produces graduates with a solid basic knowledge and skills in psychology with preparation in the natural sciences.

**Program Outcomes**

Graduates of BS Psychology must be able to:

- a) Demonstrate capability to discuss and analyze the major theories and concepts in psychology (knowledge in psychology)
- b) Demonstrate and apply the methods of psychological inquiry in building knowledge on local culture and context (psychological research)
- c) Demonstrate and apply psychological theories and methods in personal and professional setting (application of psychology)
- d) Demonstrate capability for self reflection and independent learning in graduate education or in a professional context (independent learning)
- e) Demonstrate professional and ethical behaviors in research and practice in Psychology (ethics)
- f) Demonstrate harmonious interpersonal relationship with colleagues, clients and others (interpersonal skills) in diverse cultural setting
- g) Demonstrate the ability to conduct psychological assessments and evaluation (psychological assessment)

**Institutional Graduate Attributes**

- 1) *Knowledge Competence.* Demonstrate a mastery of the fundamental knowledge and skills required for functioning effectively as a professional in the discipline, and an ability to integrate and apply them effectively to practice in the workplace.
- 2) *Creativity and Innovation.* Experiment with new approaches, challenge existing knowledge boundaries and design novel solutions to solve problems.
- 3) *Critical and Systems.* Identify, define, and deal with complex problems pertinent to the future professional practice or daily life through logical, analytical and critical thinking.
- 4) *Communications.* Communicate effectively (both orally and in writing) with a wide range of audiences, across a range of professional and personal contexts, in English and Pilipino.
- 5) *Lifelong Learning.* Identify own learning needs for professional or personal development; demonstrate an eagerness to take up opportunities for learning new things as well as the ability to learn effectively on their own.
- 6) *Leadership, Teamwork, and Interpersonal Skills.* Function effectively both as a leader and as a member of a team; motivate and lead a team to work towards goal; work collaboratively with other team members; as well as connect and interact socially and effectively with diverse culture.
- 7) *Global Outlook.* Demonstrate an awareness and understanding of global issues and willingness to work, interact effectively and show sensitivity to cultural diversity.
- 8) *Social and National Responsibility.* Demonstrate an awareness of their social and national responsibility; engage in activities that contribute to the betterment of the society; and behave ethically and responsibly in social, professional and work environments.

**Student Outcomes**

- 1) *Knowledge in Psychology.* Demonstrate capability to discuss and analyze the major theories and concepts in psychology.
- 2) *Psychological Research.* Demonstrate and apply the methods of psychological inquiry in building knowledge on local culture and context.

- 3) *Application of Psychology*. Demonstrate and apply psychological theories and methods in personal and professional setting.
- 4) *Independent Learning*. Demonstrate capability for self reflection and independent learning in graduate education or in a professional context.
- 5) *Ethics*. Demonstrate professional and ethical behaviors in research and practice in Psychology.
- 6) *Interpersonal Skills*. Demonstrate harmonious interpersonal relationship with colleagues, clients and others in diverse cultural setting.
- 7) *Psychological Assessment*. Demonstrate the ability to conduct psychological assessments and evaluation.
- 8) *Professional, Social, and Ethical Responsibility*. Recognize professional, social, and ethical responsibility
- 9) *Filipino Culture*. Appreciate “Filipino historical and cultural heritage” (Based on RA 7722).
- 10) *Understand Social Issues*. Understand and apply social science concepts and theories to the analysis of social issues.
- 11) *Execution of Researches*. Design and execute social research using appropriate approaches and methods.
- 12) *Professional and Ethical Standards*. Practice professional and ethical standards in the fields of social sciences and communication.

### Curriculum Components

Courses	Units	Total Units
<b>A. General Education Courses (CMO No. 20, Series of 2013 and CMO No. 4 Series of 2018)</b>		<b>42</b>
<b>A. Basic Course</b>		
Introduction to Psychology	3	<b>8</b>
Psychological Statistics	5	
<b>B. Required Courses</b>		<b>43</b>
Developmental Psychology	3	
Cognitive Psychology	3	
Theories of Personality	3	
Physiological/Biological Psychology	3	
Experimental Psychology	5	
Field Methods in Psychology	3	
Social Psychology	3	
Psychological Assessment	5	
Abnormal Psychology	3	
Industrial/Organizational Psychology	3	
Culture and Psychology	3	
Research in Psychology I	3	
Research in Psychology II	3	
<b>C. Elective Courses</b>		
<b>Psychology Elective Series (I-V)</b>		<b>24</b>
Disaster and Mental Health	5	
Human Resource Management with Labor Relations	3	
Clinical Psychology	3	
Group Dynamics	3	
Practicum in Psychology	6	
Psychology Board Review Program	4	
<b>Natural Science Electives</b>		<b>20</b>
Fundamentals of Biology	5	
Fundamentals of Chemistry	5	
Biochemistry	5	
General Zoology	5	
<b>D. Physical Education (P.E.)</b>		<b>8</b>
<b>E. National Service Training Program (NSTP)</b>		<b>6</b>

SUMMARY	
Courses	Number of Units
General Education	<b>42</b>
Basic Courses	<b>8</b>
Required Courses	<b>43</b>

Elective Courses	
Psychology Elective	<b>24</b>
Series Natural Science	<b>20</b>
Electives	
PE	<b>8</b>
NSTP	<b>6</b>
<b>TOTAL</b>	<b>151</b>

## PROGRAM OF STUDY

FIRST YEAR						
FIRST SEMESTER						
Code	Course Title	Units	Lec	Lab	Prerequisite	Co-Requisite
GEEd 105	Readings in Philippine History	3	3	-	-	-
GEEd 108	Art Appreciation	3	3	-	-	-
GEEd 101	Understanding the Self	3	3	-	-	-
PSY 301	Introduction to Psychology	3	3	-	-	-
PE 101	Physical Fitness, Gymnastics and Aerobics	2	2	-	-	-
Fili 101	Kontekstwalisadong Komunikasyon sa Filipino	3	3	-	-	-
Litr 101	Sosyedad at Literatura/ Panitikang Panlipunan	3	3	-	-	-
NSTP 111	National Service Training Program 1	3	3	-	-	-
<b>TOTAL</b>		<b>23</b>	<b>23</b>	<b>-</b>	<b>-</b>	<b>-</b>

FIRST YEAR						
SECOND SEMESTER						
Code	Course Title	Units	Lec	Lab	Prerequisite	Co-Requisite
GEEd 102	Mathematics in the Modern World	3	3	-	-	-
GEEd 106	Purposive Communication	3	3	-	-	-
GEEd 109	Science, Technology and Society	3	3	-	-	-
PSY 302	Developmental Psychology	3	3	-	PSY 301	-
PSY 303	Psychological Statistics	5	5	-	-	-
Fili 102	Filipino sa Iba't Ibang Disiplina	3	3	-	-	-
NSTP 112	National Service Training Program 2	3	3	-	-	-
PE 102	Rhythmic Activities	2	2	-	PE 101	-
<b>TOTAL</b>		<b>25</b>	<b>25</b>	<b>-</b>	<b>-</b>	<b>-</b>

SECOND YEAR						
FIRST SEMESTER						
Code	Course Title	Units	Lec	Lab	Prerequisite	Co-Requisite
GEEd 107	Ethics	3	3	-	-	-
GEEd 104	The Contemporary World	3	3	-	-	-
PSY 304	Physiological/Biological Psychology	3	3	-	PSY 301	-
PSY 305	Cognitive Psychology	3	3	-	PSY 301	-
PSY 306	Theories of Personality	3	3	-	PSY 301	-
BIO 101	Fundamentals of Biology	3	3	-	-	-
BIO 101L	Fundamentals of Biology	2	-	6	-	BIO 101
Fili 103	Retorika - Masining na Pagpapahayag	3	3	-	-	-
PE 103	Individual and Dual Sports	2	2	-	PE 101	-
<b>TOTAL</b>		<b>25</b>	<b>23</b>	<b>6</b>	<b>-</b>	<b>-</b>

SECOND YEAR						
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SECOND SEMESTER						
Code	Course Title	Units	Lec	Lab	Prerequisite	Co-Requisite
GEEd 103	The Life and Works of Rizal	3	3	-	-	-
PSY 307	Psychological Assessment	5	5	-	PSY 306	-
PSY 308	Culture and Psychology	3	3	-	PSY 301	-
PSY 309	Experimental Psychology	5	5	-	PSY 303	-
PSY 310	Disaster and Mental Health	3	3	-	PSY 301	-

Litr 102	ASEAN Literature	3	3	-	-	-
PE 104	Team Sports	2	2	-	PE 101	-
<b>TOTAL</b>		<b>24</b>	<b>24</b>	<b>-</b>	<b>-</b>	<b>-</b>

THIRD YEAR						
FIRST SEMESTER						
Code	Course Title	Units	Lec	Lab	Prerequisite	Co-Requisite
PSY 311	Human Resource Management with Labor Relations	3	3	-	PSY 301	-
PSY 312	Abnormal Psychology	3	3	-	PSY 306	-
PSY 313	Social Psychology	3	3	-	PSY 309	-
PSY 314	Industrial/Organizational Psychology	3	3	-	PSY 301	-
CHEM 104	Fundamentals of Chemistry	4	4	-	-	-
CHEM 104L	Fundamentals of Chemistry	1	-	3	-	CHEM 104
<b>TOTAL</b>		<b>17</b>	<b>16</b>	<b>3</b>	<b>-</b>	<b>-</b>

THIRD YEAR						
SECOND SEMESTER						
Code	Course Title	Units	Lec	Lab	Prerequisite	Co-Requisite
PSY 315	Field Methods in Psychology	5	5	-	PSY 309	-
PSY 316	Clinical Psychology	3	3	-	PSY 312	-
PSY RES 101	Research in Psychology I	3	3	-	PSY 309	-
CHEM 105	Biochemistry	3	3	-	CHEM 104	-
CHEM 105L	Biochemistry	2	-	6	-	CHEM 105
<b>TOTAL</b>		<b>16</b>	<b>14</b>	<b>6</b>	<b>-</b>	<b>-</b>

FOURTH YEAR						
FIRST SEMESTER						
Code	Course Title	Units	Lec	Lab	Prerequisite	Co-Requisite
PSY 317	Practicum in Psychology (OJT) - 200 hours I. Clinical Setting - 200 hours II. Industrial Setting - 200 hours III. Educational Setting - 200 hours	6	-	-	3rd Year Standing	-
<b>TOTAL</b>		<b>6</b>	<b>0</b>	<b>0</b>		

FOURTH YEAR						
SECOND SEMESTER						
Code	Course Title	Units	Lec	Lab	Prerequisite	Co-Requisite
PSY RES 102	Research in Psychology II	3	3	-	PSY RES 101	-
BIO 102	General Zoology	3	4	-	BIO 101	-
BIO 102L	General Zoology	2	-	6		BIO 102
PSY 318	Group Dynamics	3	3	-	PSY 301	

PSY 318	Psychology Board Review Program	4	4	-	PSY 306, PSY 313, PSY 307, PSY 311	-
<b>TOTAL</b>		<b>15</b>	<b>14</b>	<b>6</b>		